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| **Student Rules and Responsibilities** |
| * Establish a daily routine for your school work.
* Sign-in 3-5 minutes before class time.
* Student attendance is mandatory during schedule class periods.
* Attend meeting with your full Name.
* Be respectful at all times, No inappropriate language
* Find a comfortable, distraction-free place in your home where you can work.
* Stay on mute. Click the “raised hand” if you have a question.
* Check each day to learn about the expectations for your work for each class during the day.
* Perform tasks as outlined by teachers and seek clarification from teachers on any assignments where they need it, preferably during the scheduled class block.
* Follow the norms of online communication as set out by their teacher for a given class.
* For classes meeting “live,” students will login to real-time (synchronous) video services designated by your teacher (ZOOM / GOOGLE MEET) for dialogue with teachers and members of your class. Put forth your best effort.
* Abide by our values in all that you do and comply with our Middle School Technology Contract regarding your conduct online.
* Do your best to meet deadlines.
* Communicate with your classroom teachers.
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| Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |
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| **Family Roles and Responsibilities**As we are preparing for the possibility that learning will happen from home, we ask that parents and guardians play a role in ensuring that their children stay ahead of the learning and reach out proactively should they run into any challenges. |
| * Establish routines and expectations for your child
* Establish a beginning and end-of-day check-in with your child
* Help them create a comfortable, distraction-free place to work
* Help ensure that your child is checking email and assignments daily
* Monitor communications from the School and your child’s teachers
* Partner with your child’s teachers and reach out should any challenges arise
* Help your child to plan out their work for the day and check in to keep them focused and on task
* Help your child “turn his/her work in” through the channels laid out by the teacher
* Take an active role in your child’s learning and assist them in walking through instructions when needed
* Encourage your child to stay connected to friends, both through talking about academic work and questions, and also in other ways
* Provide opportunities for your child to find time in the day to engage in physical activity
* Take advantage of opportunities to engage your child in the arts or other creative pursuits
* Be mindful of your child’s physical and emotional health
* Monitor your child’s screen time and help them build in breaks
* Think about ways to relax or take breaks that do not involve screens
* Set clear rules around using technology for social interactions and monitor their usage
* Be a supportive partner of teachers and the School

Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­\_\_\_\_\_\_\_\_ Parent: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
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